Are you a spiritual person? Series (9)

Freedom Walk, Galatians 5:13-25.

The Spirit is a gift from God. He dwells in you. A <u>non-believer</u> does not have the Spirit. We are no longer controlled by the flesh, but led by the Spirit. So, **walk in the Spirit**.

WALKING IN THE SPIRIT IS A WAY OF LIFE (not an hour of exercise)

But I say, walk by the Spirit, and you will not gratify the desires of the flesh. Gal. 5:16

In Biblical times, people walked **everywhere**. To work, temple, marketplace, next town.

The Gospels are filled with the Spirit in every day parts of Jesus' life. Walking, talking, and being interrupted. It's a way of life. Is the spirit compartmentalized in your life?

WALKING IN THE SPIRIT SATURATES RELATIONSHIPS (implication)

Saturation. Like the ground after days of rain. Is your soil saturated or in a drought?

¹³ For you were called to freedom, brothers. Only do not use your freedom as an opportunity for the flesh, but through love serve one another. **Galatians 5:13**

We have been given this incredible freedom, so use it in the way God intended. Love one another. Serve one another in love. Love your neighbor as yourself. **It's a culture**. Do you have a culture of the flesh or the Spirit?

Do you wonder how people live without Tony Chachere? Let the Spirit permeate your marriage, work relationships, family, and strangers. *Taste and see the Lord is good*.

WALKING IN THE SPIRIT HAS A CADENCE (There is a rhythm to it.)

If we live by the Spirit, let us also keep in step with the Spirit. Galatians 5:25 A Mardi Gras marching band is in step with one another. We are part of something bigger than ourselves. There is a beauty to being in step with the God of the Universe.

I see people out of step with what God is doing and it breaks my heart. Don't sit on the sideline—March in the band.

PRAYER: God fill me with your Spirit. Let the Spirit permeate all my ways – I don't want to live in the flesh. Saturate my relationships. Draw me into the rhythms of your church, your mission, *your Kingdom come*, *your Will be done on earth as in heaven!*